

FEASTS AND SOLEMNITIES

FOR THE MONTH OF AUGUST



TRANSFIGURATION OF THE LORD
AUGUST 6



ASSUMPTION OF THE OUR LADY
AUGUST 15



QUEENSHIP OF THE BLESSED VIRGIN
AUGUST 22

AUGUST 2016

SY 2016-2017

FROM THE CHAPLAINCY



Dear Woodrose parents

August is a special month in Woodrose. For the past four years, we have been doing the Consecration of Woodrose to the Immaculate Heart of Mary every 15th day of August. We invite you to join us this year as we renew the consecration on Monday, August 15, at 7:40 am, within the Solemn Benediction. Below is the formula of the consecration.

A year ago, the school chapel was dedicated to Our Lady of the Rose. We include in this newsletter the beautiful prayer that the students composed.

At the end of the newsletter, we include some frequently asked questions about the Sunday Mass. We hope you find them helpful.

Consecration of Woodrose to the Immaculate Heart of Mary

O Mary most holy, by having conceived Jesus in your virginal womb, you have become for us Mother of grace and of life, of mercy and pardon. Graciously accept the consecration of Woodrose that we now make to your Immaculate Heart.

Holy Mary, our hope, seat of wisdom, handmaid of the Lord, Mother of fair love: through your powerful intercession make this consecration pleasing to Jesus.

We consecrate to you our being and our life; everything that is ours: all that we love and all that we are. Our bodies, our hearts and our souls are for you; our failures, successes and struggles. We, our studies, our sports and fun, are yours. We want that everything, in us and around us, to belong to you and to share in your motherly blessings. And to make this consecration truly effective and lasting, today at your feet, O Mary, we renew our love and the offering of our life to God.

Let us pray.

O Heart of Mary, Mother of God and our Mother; most sweet Heart, perfect image of the Heart of Jesus, listen to the petitions that, with filial piety, we address to you:

Set our poor hearts aflame so that we may love God the Father, God the Son and God the Holy Spirit with all our heart, mind, soul and strength. Raise us, O Mother, to a state of perfect love of God and lead us forward in life along the path you have prepared for us.

Inspire us with a deep love for the Church and the Pope, and make us live in full submission to all their teachings. Give us a patriotic love for our nation so that we may champion the cause of the dignity of man and the well-being of society.

May we always maintain a loyal love for Woodrose, our alma mater. Help us to be appreciative of and docile to the personal and character formation we receive.

Give us an ardent zeal for learning which enables and allows each of us to improve and to become better Christians and citizens.

Prayer to Our Lady of the Rose



O Mary, our Mother

There is no rose of such beauty
and virtue compared to you.

As Our Lady of the Rose, you
watch over our school, your
garden of roses.

You are our sure way to the
heart of your Son and the
loving arms of the Church.

Like roses in your loving care,
we pray that we grow into
women of character.

Grant us the grace to remain
pure and simple. Help us to
determine what is right from
wrong. Protect our eyes, ears,
and lips.

Teach us to be joyful despite
the hardships, to love despite
the annoyance, and to be loyal
despite the distractions.

Inspire in us a love for the
Rosary.

May we bloom into beautiful
roses and offer our entire life
to you —our studies and
prayer, our heart and mind,
our body and soul—only then
can we spread the fragrance of
Christ wherever we are.

Amen.

3 Hail Marys

Our Lady of the Rose, pray for
us.

Teach us to sanctify our studies and to love our work so as to be able to place Christ on top of all human activities. Help us to be respectful, responsible and deeply concerned about others.

Grant us the gift of fortitude to make us persevering in the struggle for personal improvement and the gift of piety which will teach us the meaning of being daughters of God and sisters of all mankind. May we always yield the fruit you expect of us.

We consecrate to you all the members of the Woodrose family: our parents, our teachers, our officers, our administrative staff, our students and our alumnae. May we all be models of virtue that you want us to be.

And since your prayer is all-powerful in the presence of God, allow us to choose you as special protector: so that after a holy life here on earth, we may have the happiness of praising the Blessed Trinity with you forever in heaven. Amen.

Immaculate Heart of Mary, prepare for us a sure way. (3x)

REDISCOVERING SUNDAY



1. The Lord's Day — as Sunday was called from Apostolic times — has always been accorded special attention in the history of the Church because of its close connection with the very core of the Christian mystery. In fact, in the weekly reckoning of time, Sunday recalls the day of Christ's Resurrection. It is Easter which returns week by week, celebrating Christ's victory over sin and death, the fulfilment in him of the first creation and the dawn of "the new creation".(Pope John Paul II, Dies Domini, no. 1)

2. Sunday is a day which is at the very heart of the Christian life. ***“Today I would strongly urge everyone to rediscover Sunday: Do not be afraid to give your time to Christ! Yes, let us open our time to Christ, that he may cast light upon it and give it direction. He is the One who knows the secret of time and the secret of eternity, and he gives us “his day” as an ever new gift of his love.”*** (Pope John Paul II, *Dies Domini*, no. 7)

“The duty to keep Sunday holy, especially by sharing in the Eucharist and by relaxing in a spirit of Christian joy and fraternity, is easily understood if we consider the many different aspects of this day...” (Dies Domini, no. 7)

3. The rediscovery of this day is a grace which we must implore, not only so that we may live the demands of faith to the full, but also so that we may respond concretely to the deepest human yearnings. Time given to Christ is never time lost, but is rather time gained, so that our relationships and indeed our whole life may become more profoundly human. (*Dies Domini*, no.7)

FAQ about the Sunday Mass

1. Why should we go to Mass on Sunday?

Answer: We go to Mass on Sundays because Sunday is the day of the Lord and God has commanded us to keep holy the Lord’s day. Hence, it is a serious sin to forego Mass on Sundays and holy days of obligation. Of course, we can be excused if we are sick or if we are taking care of the sick.

2. What is the most important part of the Mass?

Answer: The most important part of the Mass is the Consecration. During the Consecration, the host is changed to the body of Christ, while the wine is changed to the blood of Christ. The change that happens is called transubstantiation because the substance of the bread and the wine is changed into the body and blood of Christ.

3. How can we prepare for Mass?

Answer: We can prepare for Mass by observing the 1-hour Eucharistic fast which consists in not eating one hour before receiving communion. The sick are exempted from this. Drinking water and taking medicine are allowed. We can also try to dress properly to show respect for Our Lord in the Mass.